

(Dr. John Harpvard)  
Darwin.

"The Alas"

Feb. 3<sup>rd</sup>. 1959

Unofficial  
(OF COURSE)

Dear "Grandson"

As you won't have  
to see even if pulse is "black" or  
"white" - would you care to do  
~~two~~ long-distance doctorings for  
me (as I won't go to doctor).

(1) when one feels very heat-weary  
after so much of it - no rain -  
is extra salt ("table") any help.  
- à la Arabs etc.

And if so how much?

(2) After World War I - I was

2 "hors de combat" (= unable to do my salary earning work on back) for 1 month - with utter exhaustion

Tired heart.

Ever since then at the Oct to March (or April) period of year (especially in Cen. Aus) I have taken (as required - not at all continuously - sometimes none for weeks - & most often only once a day instead of the "3 times" when prescribed.) Dec 23<sup>rd</sup>. 1925!!!

I got it re-copied (in Sydney) recently from Dr Harriett Biffin's original. She was the first woman doctor to NOT BE PREVENTED from qualifying (at Sydney Univ) by its "Head". (He prevented her doing so once or twice apparently being anti-feminist!)

"3" I'll copy it as nearly as I can  
So you will have an idea about it.  
(Perhaps?)

Tinct. Nucis Vom. m X

Tinct Digitatis m IV

Glycerine m XV

Sp Blong (?) m X

Inf Sewt. to ad. 3p

Inf mitte 3 viii

That is a 40-year old  
prescription

And my anchor in  
the heat-exhausting months!

But I want more Digitatis in it  
(Tincture - NOT "pills")

Or ANY "modern" conctions.

So do you care to pocket your

4 pride & "modern" outlook?  
+ help your (son's) "other  
grandmother" by saying how  
much can be added?

I am too utterly wear  
to write (even "tripe") until  
about April.

Best wishes  
Yours sincerely  
Olive Pitt

Hope you can read it!  
It is terrifically hot (in Hobart) today.  
Hear Hobart had 105° when  
"the Alice" had (only) 103°!

Hobartians: →  
Come to →  
"Cool" "Cen" "Cus" ...  
"down."

N.B. if you  
don't want to do  
it - don't.  
But I want to see  
a new  
prescription.

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BY AIR MAIL  
PAR AVION

Personal

Mr John Hargrave  
c/o Mr. Hugh Barclay  
(Director of Lands Survey)

3.2.59 Darwin N.T.

